



The 2017-2018 Breastfeeding Resource Guide

Compliments of the Breastfeeding Coalition of Ventura County
www.BreastfeedVentura.org

Hospital Resources

Community Memorial Hospital (CMH)

New Parent Resource Center

Contact: Sheila Dedrick, RN, MSN, IBCLC, ICPE
Address: 2809 East Main Street, Ventura
Phone: (805) 658-2229
Web: www.cmhshealth.org/mch
Services: In-patient/outpatient consultations (free to those who delivered at CMH, \$50 fee if delivered elsewhere), support groups, phone support, prenatal classes, pump sales, rentals, and breast-related product sales.
Availability: General public and discharged patients
Languages: English and Spanish
Hours: Monday - Friday 9:00 am to 5:00 pm

Los Robles Hospital and Medical Center

Contact: Lois Girsky, RN, MPH, IBCLC, Cindy Shelton, RN, IBCLC, Jennifer Horrock, RN, IBCLC.
Address: 215 West Janss Road, Thousand Oaks
Phone: (805) 370-4465
Web: www.losrobleshospital.com
Services: Prenatal classes, breastfeeding support group, inpatient and phone support.
Availability: Los Robles patients
Languages: English
Hours: Monday - Saturday 8:00 am to 2:00 pm.
24 hours, 7 days per week phone support

Santa Paula Hospital (affiliated w/ VCMC)

A "Baby Friendly" Designated Hospital

Contact: CLC's on Staff (not there all the time)
Address: 825 North 10th Street, Santa Paula
Phone: (805) 933-8620
Services: Prenatal breastfeeding classes, In-Patient breastfeeding support, Call for weekly Breastfeeding support group info.
Availability: General public and discharged patients
Languages: English and Spanish
Hours: 7 days per week. Hours vary.

Simi Valley Hospital

"A Baby Friendly "Designated Hospital

Contact: Bridget Winnett, IBCLC
Address: 2975 North Sycamore Drive, Simi Valley
Phone: (805) 304-3508
Services: Inpatient, outpatient, and in-home consultations, support groups, phone support, prenatal and new parent classes, and employee support programs.
Breastfeeding Café every Thursday at 9am
Availability: General public, hospital patients, and breastfeeding class participants
Languages: English
Hours: On-call

St. John's Regional Medical Center

Contact: IBCLC's/CLC's on staff
Address: 1600 North Rose Avenue, Oxnard
Phone: (805) 988-2796
Web: <https://www.dignityhealth.org/central-coast/locations/stjohnsregional/services/maternity-and-birth-center>
Services: Free outpatient consultations to hospital patients, prenatal classes, support groups, breast pump sales/rentals & phone support.
Availability: General public, hospital patients, and breastfeeding class participants
Languages: English and Spanish
Hours: 7 days per week. Hours vary.

Ventura County Medical Center (VCMC)

A "Baby Friendly" Designated Hospital

Contact: CLC's on Staff
Address: 3291 Loma Vista Road, Ventura
Phone: (805) 652-6090 (English) Carol-4157740
(805) 655-6066 (Spanish) Marisa
Services: Prenatal breastfeeding classes, in-patient breastfeeding support, Call for weekly Breastfeeding support group info.
Availability: General public and discharged patients
Languages: English and Spanish
Hours: 7 days per week. Hours vary.



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Breastfeeding Support

Contact: Sheila Dedrick, RN, MSN, IBCLC, ICPE
Address: 2580 East Main Street Suite 101, Ventura
Phone: (805) 658-2229
Web: www.cmhshealth.org/mch
Services: Support group, breast pump sales and rentals
Availability: General public
Languages: Classes available in English; consultations are available in English and Spanish
Hours: Office Hours: Monday through Friday 8:00 am to 5:00 pm
Classes vary. Please call or visit website for more information.

Butterfly Center at Horizon Hills (CVAE)

Contact: Brenda Hunter, MS, CLC, CIMI
Address: 33 Greta Street, Thousand Oaks
Phone: (818) 599-8420
Web: www.butterflycenter.org;
www.conejoadultschool.org
Services: In-office consultations, in-home consultations, Breastfeeding Café-drop in support, prenatal breastfeeding classes, newborn parent classes and support, child birth education, infant massage, and prenatal and parenting classes for teens.
Availability: General public. Please call for class and consultation fees.
Languages: English
Hours: Classes vary. Consultations by appointment.

La Leche League (LLL)

Contact: Camarillo: Kristin (805) 504-3782, Natalie (805) 427-4724, and Marie (805) 479-5074
Ventura: Darcy (805) 253-2430, Karen (805) 984-9102
Oxnard: Felicia (805) 988-9975
Address: Branch locations in Camarillo, Oxnard, Ventura and Thousand Oaks
Web: www.llofventura.org or
www.lalecheleague.org/web/california.html
Email: lalechecamarillo@gmail.com
Services: Support groups, phone and email support
Availability: General public
Languages: English
Hours: Monthly support meetings. Phone support available.

Mandalay Bay Women & Children's Health Clinic

Contact: Lactation professionals on staff
Address: 2000 Outlet Center Drive, Oxnard
Phone: (805) 604-4588 ext. 1
Service: In-office breastfeeding consultations
Languages: English and Spanish
Hours: Call for an appointment with lactation consultant

Naval Base Ventura County

New Parent Home Visitation Program

Address: Fleet and Family Support Center
1000 23rd Avenue, Building 1169, Port Hueneme
Phone: (805) 989-8835
Services: Breastfeeding education, phone consultations, in-person consultations, home visits, support and community resources.
Availability: Military families on and off base
Languages: English and Tagalog
Hours: Monday through Friday 7:30 am to 4:00 pm.
Call for an appointment.



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Nan Tolbert Nurturing Center & Ojai Breastfeeding Helpline

Contact: Darcy Wronkiewicz, CD (DONA), CLEC,
IBCLC
Address: Oak View Park and Resource Center
555 Mahoney Avenue, Room #2, Oakview
Phone: (805) 646-7559
Web: www.birthresource.org
Services: Phone support, support groups, counseling,
prenatal breastfeeding classes, and new
parent classes.
Availability: General public
Languages: English
Hours: Phone calls returned within 24-36 hours. View
website for class schedules.

Pediatric Diagnostic Center

Contact: Michelle Flores, RN, CLEC
Sonya Hernandez, RN, CLEC
Address: 3291 Loma Vista Road, Bldg 304, Suite 302,
Ventura
Phone: (805) 652-6255
Email: sonya.servin@ventura.org
Services: Outpatient consultations, phone support
Languages: English and Spanish
Availability: Clinic patients, VCMC hospital patients
Hours: By appointment

Santa Paula West Medical Clinic

Contact: Gabby Flores, CLC's on staff
Address: 254 W. Harvard Blvd. Suite B
Santa Paula, CA 93060
Phone: (805) 299-0200
Web: www.santapaulawestmedicalgroup.com

Services: Weekly Drop-In Breastfeeding Cafe

Availability: General public, Clinic patients, VCMC and
SPH patients.
Languages: Bilingual support group, English and Spanish
Hours: Tuesdays 10am-12pm

Ventura County Public Health Nursing Community Health Nursing

Contact: IBCLC, CLCs, RNs & PHNs on staff
Address: 2220 East Gonzales Road Suite 102, Oxnard
Phone: (805) 981-5115
Web: <http://www.vchca.org/public-health-nursing>
Services: In-home consultations, comprehensive
perinatal services program, perinatal
substance use program, and other family
related services.

Availability: General public who meet services criteria.
Languages: English and Spanish
Hours: Monday through Friday, 8:00 am to 5:00 pm

Women Infants Children Nutrition Program (WIC)

Contact: CLC's on staff;
Amy Avelar (Regional Breastfeeding Liaison)
Address: 8 sites within Ventura County
Phone: (805) 981-5251 or 1-(800) 781-4449 Ext. 3
Web: <http://www.vchca.org/women-infants-and-children-wic>
Services: Prenatal & postpartum classes, free breast
pump rentals, phone support, Breastfeeding
Peer-Counseling Program. Call for date and
location of Weekly Breastfeeding Support
Group open to public & WIC clients.
Availability: Program participants only. Please call to
check for eligibility.
Languages: English, Spanish, Mixteco
Hours: Phone staff are available Monday through
Friday, 8:00 am to 5:00 pm



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Private Resources

*Fee Based-individual fees may vary

Diane Berger, RN, PHN

Phone: (805) 654-1463 or (805) 368-2297

Web: www.venturabreastfeeding.net

Services: In-office and in-home lactation support, phone support, breastfeeding classes, assistance with breast pumps. No charge for weekly baby weigh-ins, phone calls.

Languages: English, but willing to work with a translator

Hours: By appointment

Ceilla Baum, IBCLC, RLC •

MaBellaBaby

Phone: (661)904-5560

Email: ceilla@mabellababy.com

Web: www.mabellababy.com

Services: In-home consultations.

Languages: English

Hours: By appointment

Alice Clark, IBCLC, RLC • Milky Way Lactation

Phone: (818)932-9906

Email: alice@milkywaylactation.com

Web: <http://www.milkywaylactation.com>

Services: In-home consultations.

Languages: English

Hours: By appointment

Felicia Henry, IBCLC

Phone: (805) 218-6156

Web: www.mybirth.net

Services: In-office consultations, in-home consultations, breast pump sales and rentals, breast-related product sales, phone support, and prenatal classes. Preferred insurance provider for Aetna

Languages: English

Hours: By appointment

Adriana Hernandez, RN, CLC

Phone: (805) 558-1162

Email: adihdez@hotmail.com

Services: In-home lactation support phone support, serving the Santa Paula and Fillmore area.

Language: Spanish and English

Hours: By appointment

Carol Lundstrom, RN, CLC

Phone: 805-415-7740

Services: In-home lactation support, phone support

Languages: English

Hours: by appointment

Paula Loehr-Coleman, RN, BSN, CLC- Tender Years

Phone: [805 857-2561](tel:8058572561)

Email: bg.paulacoleman@gmail.com

Services: In-home lactation support, phone support, prenatal classes, employee support programs, skype consults

Languages: English

Hours: by appointment

Lori Manduke, RN, NP, IBCLC

Phone: (818)822 -1919

Email: lorimanduke@gmail.com

Services: Inpatient, outpatient & in-home consultations, phone support, prenatal classes, breastfeeding classes in Thousand Oaks

Languages: English

Hours: By appointment 7 days a week

Marisa Montgomery, LVN, BSN, CLC

Phone: [805 655-6066](tel:8056556066)

Services: In-home lactation support, phone support

Languages: Spanish and English

Hours: Available 24/7 by appointment

*Mention BCVC for a special consultation rate.



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Amy Scott, RN, BSN, IBCLC

Phone: (805) 791-1960

Email: amyscottlactationservices@gmail.com

Services: In-home lactation consultations

Available: By appointment

Language: English Only

Area: Thousand Oaks & surrounding Areas

Carol Ann Sherman, RN, MSN, CPNP, WHNP-BC, IBCLC

Phone: (650) 393-9654

Services: In-home consultations

Languages: English and Spanish

Hours: By appointment

Cindy Shelton, RN, IBCLC

Phone: (805) 501-9397

Services: In-home lactation consultations

Hours: Monday - Sunday 24hrs/7 days

Language: English Only

Anisa Tipton, MS, RD, CLC • The Nutrition Mama

Phone: (805) 748-5399

Web: www.thenutritionmama.com

Services: In-office and in-home lactation support, support groups, phone support, prenatal classes.

Languages: English

Hours: 24 hours, 7 days per week

Darcy Wronkiewicz, CD (DONA), CLEC, IBCLC • MOTHERS GUILD

Address: Ventura

Phone: (805) 570-1595

Web: www.mothersguild.net

Services: In-home consultations, phone support, and prenatal classes. Support groups, pump rentals. Birth doula

Languages: English

Hours: 24 hours, 7 days per week

Breast Pump Resources & Rentals

- **Hygeia - "Moms Get More" Program/ Elaine Zlaket**: Serving Ventura County (888) 786-7466 / www.hygeiahealth.com. Breast pumps covered by participating insurances including Gold Coast Health Care Plan (ships to home).
- **New Parent Resource Center**: Ventura (805) 658-2229. Breast pump sales & rentals.
- **Woman Infants & Children (WIC) Program**: Sites throughout Ventura County (805) 981-5251. Free breast pump loans available to WIC Program participants.
- **St. John's Regional Medical Center**: Oxnard (805) 988-2796. Breast pump rentals.
- **Simi Valley Hospital**: Simi Valley (805) 304-3508. Breast pump rentals.
- **Simply MaMa**: Serving Ventura County (805) 541-1462. Breast pumps for local Medi-Cal & Gold Coast Covered Insurance Plans. Based in San Luis Obispo-will ship pumps to home.
- **Mother's Guild**: Serving Ventura County. (805) 570-1595. www.mothersguild.net. Breast pump sales and rentals.
- **Felicia Henry, IBCLC**: (805) 218-6156. Breast pump sales & rentals.